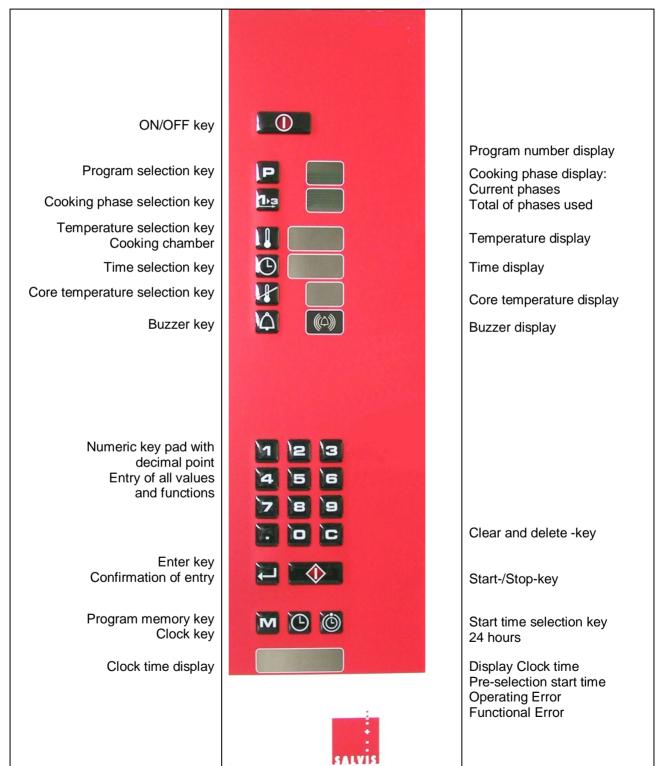
# Salvis Pressure-steamer Vitality Pro Recipe viewer



### Panel

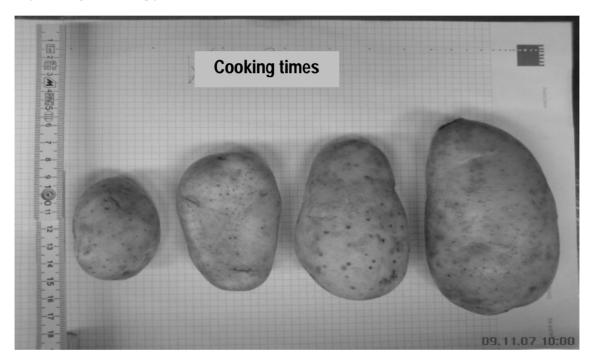




Please be careful using the timesheets. These times and temperatures indicated are only approximately to help you to find out the right temperature for the products and to work manually without using the programs.

Higher temperatures will shorten the cooking time, but will also affect the quality of the food.

#### **Dependency of cooking processes**



| Size         | 6cm            | 7cm            | 9cm            | 11cm           |
|--------------|----------------|----------------|----------------|----------------|
| Temperature  | 114°-118°C     | 114°-118° C    | 114°-118°C     | 114°-118°C     |
| Cooling time | About 10.0 min | About 12.0 min | About 22.0 min | About 28.0 min |
| Result       | Cooked well    | Cooked well    | Cooked well    | Cooked well    |

#### Recommendation

Storage time, storage temperature and quality of the products have influence over the conductivity and so to the right cooking time.

We recommend to test the programs to your contentedness and to store them.



## Using the programs

| Start the appliance and wait until ready to use.  | Editing programs  |
|---|---|
| Press the button and the last used program for example will be shown.  press again and the indicator lamp and the program display are flashing alterningly. | change the temperature and time or core temperature save the changes by pressing: [M] 1 1 . |
| 2 set the program number  | Clearing programs   |
| press enter to display the program.   | press "P". The display in press "P". The display in press "P". The display in press "P".    |
| Now press the start key. The appliance starts up.   | 1 set the program to be cleared.  |
| You can change any values as desired during operation. Confirm changes by pressing keys or  | press "C". 1.0 the right number shows "0" and all   |
| Readout of free programs  | datas in the temperature or time are erased, press and repeat program number to be cleared. |
| _   | confirm with return.  |
| press the P key.  | The program is totally cleared all datas are erased.  |
| and need to be pressed simoultanousley  Non occupied pograms will be shown in the program   | Operation faults  |
| display.  | Those errors will appear in a 2 digit code in the time display.                             |
|   | Simultaneously the buzzer will ring, quit the buzzer  |
| Write and store new programs  | by pressing 🕒   |
| To switch on the appliance, press :   | Er 12 Core temperature concer is not set or the   |
| LED's and are flashing  | Core temperature sensor is not set or the temperature adjusted is lower than the            |
| press "P" the display shows the program last entered.   | measured temperature  |
| press "P" again and are flashing  | The values in one of the cooking phases   |
| enter a non occupied number   | are lost. Turn off the appliance and start again by recalling the program.                  |
| press the phases button, the display shows []  1. Phase   | Technical faults  |
| press and insert temperature for example  | Cooking chamber sensor interruption   |
| press time to insert the time.  | Cooking chamber sensor short circuit  |
| if stirring or checking the food between the phases is necessary  | E _ 35 Timeout water level  watertap is not opened,   |
| press the buzzer  | water intake is too slow,   |
| the reentries need to be confirmed  | low waterpressure through the use of other consumers.                                       |
| press 2 times and the indications shows 2. 1  | Er 36 Timeout pressure switch- the steam  |
| Insert the temperature and time or core temperature.  | generator can't reach the pressure in   |
| Confirm with 2, 2.2 will be dispayed  | determined time  [E   |
| press 3 times and [3.2] will be displayed   | Er 40 Core temperature sensor interruption  |
| Insert the temperature and time or core temperature  Confirm with will be displayed   | (Work may be continued without sensor).  [E - 4   Core temperature sensor short circuit     |
| Collilli Milite , Es will be displayed  | (Work may be continued without sensor).   |
| Saving the dates  | Er 7B Conductivity of water after regeneration is too                                       |
| press "M". [M] the LED's and diplays are flashing.  | high. Repeat regeneration without salt.   |
| set program number again.   | Check service manual for further details!   |
| confirm with and the LED will turn off. The program is saved.   |   |

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# 0

### Regenerating the water softener

#### Starting the regenerating process

### Indication of "rE"

the display shows "rE"

after the cooking process press the "P" button.

The LED in the is flashing.

Set program "99" with the numeric keypad.

Confirm the program – press the button.



Indication of "rE rE"

the display shows "99" and "rE rE" will be indicated.

Confirm the indication – press — button.



Press the Start/Stopp button.

Wait until the buzzer sounds and "EE LL" is indicated.

The appliance is ready to "refill the watersoftener"

#### Refilling the water softener

| Open the li | t oft the | watersoftener. |
|-------------|-----------|----------------|
|-------------|-----------|----------------|

Confirm the opening by pressing the button.

The indication next to the clock is flashing 🖲 🗆 –

Wait until the buzzer sounds and SALE is indicated.

Fill with 0.5 kg of regeneration salt; use salt measuring cup.

The regeneration salt must be suitable for water softener systems to dissolve quickly.

Close the water softener with the lit.

Confirm the closing by pressing the button.

The buzzer guits.

The indication next to the clock flashes — —

The control system is checking the cunductivity of the water for about 40 seconds

If no salt or too little was filled in, the buzzer sounds and the indicator shows  $\overline{\texttt{SALE}}$  again - in this case wait until the salt dissolves and start again.

If the conductivity is OK, the remaining time displays (5) 45 and the regenerating starts

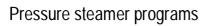
The residual time will be displayed.

After the process is finished the appliance will turn off automatically.

#### Repeating the regeneration in case of Error "Er 78"

If the conductivity of the water is too high after the process, an error will occur in the display. There are still parts of salt in the water softener

Repeat the process (program 99) without salt, so the rest of the salt is flushed away.



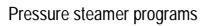


| Nr | Program                                  | Core temperature | Information | AQA          | Cooking times (approximately) |
|----|--|------------------|-------------|--------------|-------------------------------|
| 01 |  |                  |             |              |                               |
|    | Reheating                                |                  |             |              |                               |
| 02 | Portion of pasta and vegetables          |                  | •           | <b>±</b> ①   | 2 Min                         |
| 03 | Portion of pasta and rice                |                  | •           | <b>±</b> ①   | 2 Min                         |
| 04 | Portion cooked meat slices               |                  | •           | <b>±</b> ①   | 5 Min                         |
| 05 | Hold program                             |                  |             | <b>±</b> ①   | 4 Min                         |
| 06 | GN tray with soup cups                   |                  | _           | <b>±</b> ①   | 6 Min                         |
| 07 | GN tray with vegetables and side dishes  |                  | •           | <b>±</b> ①   | 3 Min                         |
| 08 | GN tray with pasta & rice                |                  | •           | <b>±</b> ①   | 3 Min                         |
| 09 | GN tray with meat slices                 |                  | •           | <b>±</b> ①   | 3 Min                         |
| 10 | GN tray with soups stews and sauces.     |                  | •           | <b>±</b> ①   | 8 Min                         |
| 11 |  |                  |             |              |                               |
|    | Vegetables fresh                         |                  |             |              |                               |
| 12 | Cauliflower small pieces fresh           |                  | 0           | ±®           | 2 Min                         |
| 13 | Beans fresh                              |                  | 0           | ±®           | 1.5 Min                       |
| 14 | Broccoli flowers fresh                   |                  | 0           | ±®           | 1 Min                         |
| 15 | Fennel, fine cut, fresh                  |                  | •           | <b>±</b> ①   | 2.5 Min                       |
| 16 | Fenchel in 1/6 oder 1/8 geschnitten      |                  | •           | <b>±</b> ①   | 3.5 Min                       |
| 17 | Carrot sticks, fresh                     |                  | 0           | ±®           | 1.5 Min                       |
| 18 | Turnips sticks fresh                     |                  | 0           | ±®           | 1.5 Min                       |
| 19 | Snow peas fresh                          |                  | 0           | ±®           | 1 Min                         |
| 20 | Asparagus, white, fresh                  |                  | 0           | ±®           | 3 Min                         |
| 21 | Asparagus green, fresh                   |                  | 0           | ±®           | 2 Min                         |
| 22 | Lentils brown or green (soaked in water) |                  | 0           | ± (f)        | 8 Min                         |
| 23 | Sauerkraut                               | Signal = stir    | •           | ±®           | 35 Min                        |
| 24 |  |                  |             |              |                               |
|    | Vegetables frozen                        |                  |             |              |                               |
| 25 | Broccoli florets frozen                  |                  | 0           | ±®           | 1 Min                         |
| 26 | Carrot sticks frozen                     |                  | 0           | <b>±</b> (f) | 1 Min                         |
| 27 | Spinach leaves cubes frozen              |                  | 0           | <b>±</b> ①   | 2 Min                         |
| 28 |  |                  |             |              |                               |

### Pressure steamer programs



| Nr. | Program                                   | Core temperature     | Information | AQA        | Cooking times (approximately) |
|-----|---|----------------------|-------------|------------|-------------------------------|
|     |   |                      |             |            |                               |
|     |   |                      |             |            |                               |
|     | Vegetable products                        |                      |             |            |                               |
| 29  | Vegetable terrine                         |                      |             | ±®         | 26.5 Min                      |
| 30  | Vegetable sterilization                   |                      |             | ±⊕         | 30 Min                        |
| 31  |   |                      |             |            |                               |
|     | Potato dishes                             |                      |             |            |                               |
| 32  | Blanching potato cubes                    |                      |             | ±®         | 3 Min                         |
| 33  | Steamed potatoes (cut in quarters)        |                      |             | ±⊕         | 6 Min                         |
| 34  | Raclette potatoes (small)                 |                      |             | ±⊕         | 12 Min                        |
| 35  | Savoyards-potatoes                        | Gratinating external | •           | <b>±</b> ① | 6 Min                         |
| 36  | Bouillon potatoes                         |                      | •           | ±⊕         | 6 Min                         |
| 37  | Potato gratin (dauphinoise)               | Gratinating external | •           | ±®         | 30 Min                        |
| 38  | Potato dumplings                          |                      | 0           | ±®         | 9 Min                         |
| 39  |   |                      |             |            |                               |
|     | Egg dishes                                |                      |             |            |                               |
| 40  | Soft boiled eggs                          |                      | 0           | <b>±</b> ⊕ | 4.5 Min                       |
| 41  | Hard boiled eggs                          |                      | 0           | <b>±</b> ® | 10 Min                        |
| 42  |   |                      |             |            |                               |
|     | Side dishes                               |                      |             |            |                               |
| 43  | Pilaw-Rice (not pre cooked!)              |                      | •           | ±⊕         | 18 Min                        |
| 44  | Basmati / Thai rice                       |                      | •           | ±⊕         | 12 Min                        |
| 45  | Polenta                                   |                      | •           | <b>±</b> ® | 22 Min                        |
| 46  | Ravioli, Tortelloni frozen *              |                      | 0           | <b>±</b> ® | 2.5 Min                       |
| 47  | Lasagna                                   | Gratinating external | •           | ±⊕         | 27 Min                        |
| 48  | Bread dumplings                           |                      | 0           | ±⊕         | 20 Min                        |
| 49  |   |                      |             | <b>±</b> ® |                               |
|     | Fish and Seafood                          |                      |             |            |                               |
| 50  | Trout fillets steamed                     |                      | •           | ±⊕         | 2.5 Min                       |
| 51  | Salmon fillet for buffet / cold appetizer |                      | •           | <b>±</b> ® | 8 Min                         |
| 52  | Fish terrine                              | 62-65°C              | 0           | ±®         | 18 Min                        |
| 53  | Steamed mussels                           |                      | •           | <b>±</b> ® | 3.5 Min                       |
| 54  | Fish stock                                |                      | ● 100-200mm | ±⊕         | 37 Min                        |





| Nr | Program                                   | Core temperature | Information     | AQA        | Cooking times (approximately) |
|----|---|------------------|-----------------|------------|-------------------------------|
| 55 |   |                  |                 |            |                               |
| 56 |   |                  |                 |            |                               |
|    | Beef                                      |                  |                 |            |                               |
| 57 | Blanching beef for ragouts and boiling    |                  | •               | <b>±</b> ⊕ | 4 Min                         |
| 58 | Boiled beef in stock (long term cooking)  | 85°C             | w/o stock●      | <b>±</b> ① | 610 Min                       |
| 59 | Clearing a consommé                       |                  | ● 2 X 1/2       | <b>±</b> ⊕ | 45 Min                        |
| 60 | Braised Beef                              | 92°C             |                 | <b>±</b> ⊕ | 100 Min                       |
| 61 |   |                  |                 |            |                               |
| 62 |   |                  |                 |            |                               |
|    | Veal                                      |                  |                 |            |                               |
| 63 | Blanching meat (veal)                     |                  | •               | <b>±</b> ⊕ | 3 Min                         |
| 64 | Veal stew (Blanquette)                    |                  | w/o stock●      | <b>±</b> ① | 43 Min                        |
| 65 | Veal tongue                               | 85°C             | w/o stock●      | <b>±</b> ⊕ | 60 Min                        |
| 66 | Veal dumplings                            |                  | Without stock O | <b>±</b> ⊕ | 2.5 Min                       |
| 67 |   |                  |                 |            |                               |
|    |   |                  |                 |            |                               |
|    | Pork                                      |                  |                 |            |                               |
| 68 | Saddle of pork smoked                     | 62-65°C          | Without stock O | <b>±</b> ⊕ | 38 Min                        |
| 69 | Cooked ham                                | 65-68°C          | Without stock O | <b>±</b> ⊕ | 90 Min                        |
| 70 | Liver sausage                             |                  | Without stock O | <b>±</b> ⊕ | 11.5 Min                      |
| 71 | Poched pork filet mignon with fresh herbs | 62-64°C          | Without stock O | <b>±</b> ⊕ | 11.5 Min                      |
| 72 |   |                  |                 |            |                               |
|    |   |                  |                 |            |                               |
|    | Lamb                                      |                  |                 |            |                               |
| 73 | Poached lamb noisette (top round)         | 54°-58°C         | With stock ●    | <b>±</b> ⊕ | 12 Min                        |
| 74 |   |                  |                 |            |                               |
|    | Poultry                                   |                  |                 |            |                               |
| 75 | Whole chicken for salads                  | 70°C             | With stock●     | <b>±</b> ⊕ | 53 Min                        |
| 76 | Poached chicken breast                    | 62-65°C          | Without stock O | <b>±</b> ⊕ | 7 Min                         |
| 77 | Chicken stock                             |                  |                 | ±⊕         | 50 Min                        |
| 78 |   |                  |                 |            |                               |
|    |   |                  |                 |            |                               |

### Pressure steamer programs



| Nr. | Program                        | Core temperature  | Information | AQA        | Cooking times (approximately) |  |
|-----|--------------------------------|---|-------------|------------|-------------------------------|--|
|     | Meat products                  |   |             |            |                               |  |
| 79  | Meatballs                      |   | w/o stock O | <b>±</b> ① | 5 Min                         |  |
| 80  | Liver dumplings                |   | w/o stock O | <b>±</b> ⊕ | 8 Min                         |  |
| 81  | Poached terrine                | 62-65°C   | w/o stock O | <b>±</b> ① | 25 Min                        |  |
| 82  | Sausages (big)                 | 62-64°C   | w/o stock O | <b>±</b> ① | 25 Min                        |  |
| 83  |                                |   |             |            |                               |  |
| 84  |                                |   |             |            |                               |  |
| 85  |                                |   |             |            |                               |  |
|     | Desserts and sweets            |   |             |            |                               |  |
| 86  | Rice pudding                   |   |             | ±⊕         | 35 Min                        |  |
| 87  | Creme Caramel (portions)       |   | w/o stock O | <b>±</b> ⊕ | 17 Min                        |  |
| 88  | Germknödel (Yeast dumplings)   |   | 0           | <b>±</b> ⊕ | 11 Min                        |  |
| 89  |                                |   |             |            |                               |  |
| 90  | Sterilisation of fruits        |   |             | <b>±</b> ⊕ | 43 Min                        |  |
|     | Sous-Vide (cooking in vaccum)  |   |             |            |                               |  |
| 91  | Salted potatoes                |   | 0           | <b>±</b> ⊕ | 25 Min                        |  |
| 92  | Belgien endives                |   | 0           | <b>±</b> ⊕ | 25 Min                        |  |
| 93  | Carrot sticks                  |   | 0           | <b>±</b> ① | 22 Min                        |  |
| 94  | Pasteurising sauces and soups  |   | 0           | <b>±</b> ① | 45 Min                        |  |
| 95  |                                |   |             |            |                               |  |
| 96  |                                |   |             |            |                               |  |
| 97  |                                |   |             |            |                               |  |
| 98  |                                |   |             |            |                               |  |
| 99  | Regeneration of water softener | Start program, slowly remove the lid of the water softener, press Enter when signal appears, fill in salt, close lid again and press Enter.  The program runs  After the regeneration phase the appliance switches off - automatically.  The exact procedure is explained in the installation and operating instructions! |             |            |                               |  |



# Approximate cooking times and temperatures

| Food to be cooked               | GN sheet or GN tray | Cooking tips | °C Temperature         |           | Minutes Cooking time |           |  |  |
|---------------------------------|---------------------|--------------|------------------------|-----------|----------------------|-----------|--|--|
|                                 |                     |              | I. Phase               | II. Phase | I. Phase             | II. Phase |  |  |
| Vegetables                      | Vegetables          |              |                        |           |                      |           |  |  |
| Artichokes                      | •                   | Х            | 112° -114°             |           | 10                   |           |  |  |
| Cauliflower florets             | 0                   | Х            | 112° -114°             |           | 4                    |           |  |  |
| Cauliflower ₩                   | 0                   |              | 110° -112°             |           | 3                    |           |  |  |
| Beans, medium fine              | 0                   |              | 114° -116°             |           | 4                    |           |  |  |
| Chicory                         | • —                 | Х            | 112° -114°             |           | 8                    |           |  |  |
| Broccoli florets                | • 0                 | Х            | 108° -112°             |           | 4                    |           |  |  |
| Mushrooms, cut                  | •                   | Х            | 102° -104°             |           | 3                    |           |  |  |
| Peas ₩                          | 0                   |              | 108° -112°             |           | 2                    |           |  |  |
| Fennel, cut                     | • 0                 | Х            | 114° -116°             |           | 12                   |           |  |  |
| Flageolets                      | • 0                 | Х            | 114° -116°             |           | 15                   |           |  |  |
| Cucumbers                       | 0                   |              | 102° -104°             |           | 3                    |           |  |  |
| Carrots, sticks                 | 0                   | Х            | 112° -114°             |           | 4                    |           |  |  |
| Carrots, sticks ₩               | 0                   |              | 110° -112°             |           | 3                    |           |  |  |
| Carrots, baby ₩                 | 0                   |              | 114° -116°             |           | 4                    |           |  |  |
| Kohlrabi, sticks                | 0                   | Х            | 112° -114°             |           | 4                    |           |  |  |
| Kohlrabi, sticks ₩              | 0                   |              | 110° -112°             |           | 3                    |           |  |  |
| Snow peas                       | 0                   |              | 104° -106°             |           | 2                    |           |  |  |
| Snow peas <del></del>           | 0                   |              | 104° -108°             |           | 2                    |           |  |  |
| Cabbage / savoy, cut            | 0                   |              | 104° -106°             |           | 4                    |           |  |  |
| Stuffed cabbage                 | •                   | Х            | 104° -106°             |           | 12                   |           |  |  |
| Swiss chard                     | 0                   |              | 104° -106°             |           | 4                    |           |  |  |
| Romaine lettuce, blanching      | o <b>–</b>          | Х            | 114° -116°             |           | 5                    |           |  |  |
| Romaine lettuce, cooking        | • 0                 | Х            | 114° -116°             |           | 8                    |           |  |  |
| Leeks, cut                      | 0                   |              | 112° -114°             |           | 3                    |           |  |  |
| Leeks julienne                  | 0                   | Х            | 102° -104°             |           | 2                    |           |  |  |
| Lentils, medium                 | •                   | Х            | 114° -116°             |           | 10                   |           |  |  |
| Corn-on-the-cob                 | 0                   |              | 114° -116°             |           | 6                    |           |  |  |
| Peppers, cut                    | 0                   |              | 102° -104°             |           | 3                    |           |  |  |
| Peperonata                      | 0                   | Х            | 102° -104°             |           | 5                    |           |  |  |
| Brussels sprouts                | 0                   |              | 114° -116°             |           | 4                    |           |  |  |
| Brussels sprouts ※              | 0                   |              | 114° -116°             |           | 3                    |           |  |  |
| Red cabbage                     | •                   | Х            | 114° -116°             |           | 15                   |           |  |  |
| Asparagus medium, white         | • 0                 | Х            | 102° -106°             |           | 7                    |           |  |  |
| Asparagus medium, green         | 0                   |              | 102° -108°             |           | 3                    |           |  |  |
| Spinach                         | 0                   | Х            | 104° -108°             |           | 2                    |           |  |  |
| Spinach <del>*</del>            | 0                   |              | 104° -106°             |           | 5                    |           |  |  |
| Celeriac, cut                   | 0 •                 | X            | 104° -106°             |           | 6                    |           |  |  |
| Celery                          | •                   | X            | 114° -116°             |           | 12                   |           |  |  |
| Black salsify, medium           | 0 •                 | X            | 114°-116°              |           | 8                    |           |  |  |
|                                 | 0                   | ^            | 114 -110<br>110° -112° |           | 6                    |           |  |  |
| Black salsify *                 |                     | V            |                        |           |                      |           |  |  |
| Sauerkraut Tamataga for paoling | •                   | X            | 114° -116°             |           | 40                   |           |  |  |
| Tomatoes, for peeling           | o <b>–</b>          | Х            | 90° - 102°             |           | 0.5                  |           |  |  |



# Approximate cooking times and temperatures

| Food to be cooked                   | GN sheet<br>or GN tray | Cooking tips | °C Temperature |           | Minutes  | s Cooking time |
|-------------------------------------|------------------------|--------------|----------------|-----------|----------|----------------|
|                                     |                        |              | I. Phase       | II. Phase | I. Phase | II. Phase      |
| Tomatoes, steaming                  | _                      |              | 104°           |           | 2        |                |
| Zucchini, sticks                    | 0                      |              | 104°           |           | 2        |                |
| Vegetable timbales                  | _0                     | Х            | 102°           | 85°       | 2        | 10             |
| Vegetable terrine                   | 0 0                    | Х            | 102°           | 85°       | 2        | 30             |
| Vegetables, blanching               | 0                      | Х            | 104°           | 102°      | 1        | 3              |
| Vegetable sterilization in bottles  | 0 0                    | X            | 102°           | 90°       | 5        | 30             |
| Potatoes                            |                        |              |                |           |          |                |
| Potatoes, blanching                 | 0                      | Χ            | 104°           | 102°      | 2        | 2              |
| Jacket potatoes (medium)            | 0                      | Х            | 112°           | 102°      | 6        | 10             |
| Boiled / steamed potatoes           | 0                      | X            | 108°           | 102°      | 3        | 6              |
| Potatoes in stock                   | •                      | Χ            | 114°           | 106°      | 6        | 12             |
| Pommes savoyarde                    | •                      | X            | 114°           | 106°      | 3        | 12             |
| Potato gratin                       | •                      | Х            | 118°           | 108°      | 3        | 18             |
| Fondant potatoes                    | 0                      | X            | 112°           | 106°      | 3        | 15             |
| Potato puree, fresh                 | 0                      | Х            | 116°           | 108°      | 3        | 12             |
| Potato puree, powder                | •                      | X            | 116°           | 106°      | 3        | 5              |
| Potato dumplings                    | • 0 —                  | X            | 108°           | 102°      | 4        | 8              |
| Pasta / rice / side dishes          |                        |              |                |           |          |                |
| Spaghetti, boiling                  | •                      | Х            | 118°           | 114°      | 5        | 3              |
| Pasta spirals, boiling              | •                      | Х            | 118°           | 114°      | 4        | 3              |
| Lasagna / cannelloni, cooking       | •                      | X            | 118°           | 108°      | 3        | 10             |
| Frozen ravioli, tortellini, boiling | •                      | Х            | 110°           | 104°      | 2        | 1              |
| Dry rice, boiling                   | •                      | Х            | 118°           | 112°      | 5        | 8              |
| Pilaf rice, boiling                 | •                      | Х            | 118°           | 112°      | 5        | 8              |
| Milk rice                           | •                      | Х            | 118°           | 112°      | 5        | 15             |
| Cornmeal, polenta, boiling,         | •                      | Х            | 118°           | 112°      | 8        | 15             |
| Semolina, boiling                   | •                      | Х            | 118°           | 112°      | 5        | 10             |
| Bread orTyrolean dumplings          | _                      | Х            | 104°           | 94°       | 3        | 8              |
| Yeast dumplings                     | _                      | X            | 102°           | 92°       | 3        | 8              |
| Eggs                                |                        |              |                |           |          |                |
| Boiled eggs                         | 0                      | Х            | 104°           | 102°      | 1        | 1 - 2          |
| Royale eggs                         | •                      | Х            | 102°           | 92°       | 2        | 6 - 10         |
|                                     |                        |              |                |           |          |                |
| Beef                                |                        |              |                |           |          |                |
| Blanching                           | 0                      | X            | 104°           |           | 4        |                |
| Boiled meat, grade I quality        | ●100/150               | Х            | 104°           | 84°       | 10       | 110 - 130      |
| Consommé / strong meat broth        | ●100/150               | Х            | 102°           |           | 45       |                |
| Braised beef                        | ●100/150               | Х            | 106°           | 95°       | 15       | 120            |



# Approximate cooking times and temperatures

| Food to be cooked             | GN sheet or GN tray | Cooking tips | °C Temperature |           | Minutes Cooking time |           |
|-------------------------------|---------------------|--------------|----------------|-----------|----------------------|-----------|
|                               | or or tray          | l upo        | I. Phase       | II. Phase | I. Phase             | II. Phase |
|                               |                     |              |                |           |                      |           |
|                               |                     |              |                |           |                      |           |
| Pork                          |                     | 1            |                |           | _                    |           |
| Rib, cutlet                   |                     | X            | 75°            |           | 10                   | 70        |
| Neck, smoked                  | • -                 | X            | 90°            |           | 10                   | 80        |
| Bacon                         | • -                 | X            | 102°           | 75°- 80°  | 10                   | 100       |
| Ham                           | • -                 | X            | 85°            | 80°-85°   | 10                   | 100       |
| Knuckle of pork               | •                   | X            | 102°           | 75°- 80°  | 15                   | 60        |
| Black pudding / liver sausage | -0                  |              | 102°           | 85°- 92°  | 3                    | 25        |
|                               |                     |              | 102            | 00 72     | J                    | 20        |
| Veal                          |                     |              |                |           |                      |           |
| Calf's head                   | •                   | Х            | 102°           | 80°       | 8                    | 40        |
| Blanquette                    | •                   | Х            | 90°            | 85°       | 5                    | 40        |
| Sweetbread                    | • —                 | Х            | 90°            | 85°       | 5                    | 25        |
| Lamb                          |                     |              |                |           |                      |           |
| Leg of lamb, boiled           | •                   | Х            | 104°           | 90°       | 8                    | 90        |
| Lamb Stew with vegetables     | •                   | Х            | 104°           | 85°       | 6                    | 40        |
| Miscellaneous                 | 1                   |              | -              | •         | 1                    | 1         |
| Meat balls                    | _                   | Х            | 90°            |           | 8                    |           |
| Sausages (portions)           | _ 0                 |              | 92°            |           | 8                    |           |
| Sausages (large)              | <b>-</b> 0          |              | 90°            |           | 20                   |           |
| Meat loaf                     | O + •               | Х            | 90°            |           | 30                   |           |
| Rissoles                      | O + •               | Х            | 85°            |           | 4                    |           |
| Terrines                      | 0                   | Х            | 80°            |           | 30                   |           |
| Veal stock                    | •                   | Х            | 104°           | 90°       | 10                   | 40        |
| Poultry                       | 1                   | •            |                | •         | 1                    | 1         |
| Small breasts                 | <b>-</b> 0          | X            | 102°           | 85°       | 2                    | 3         |
| Poulard                       | -0                  | X            | 102°           | 85°       | 10                   | 20        |
| Liver terrine                 | 0-0                 | X            | 70°            |           | 25                   |           |
| Galantines                    | 0-0                 | X            | 85°            | 80°       | 8                    | 10        |
| Poultry stock                 | •                   | X            | 102°           | 90°       | 10                   | 40        |
| Fish and shellfish            |                     |              |                |           | '                    |           |
| Perch filets                  | _ • ○               | X            | 85-90°C        |           | 2                    |           |
| Whitefish, whole              | <b>-</b> • 0        | X            | 85-90°C        |           | 8                    |           |
| Whitefish or trout filets     | <b>-</b> • 0        | Х            | 85-90°C        |           | 5-6                  |           |
| Trout /carp, blue             | •                   | Х            | 85-90°C        |           | 12-15                |           |
| Sole or lemon sole filets     | _ • ○               | Х            | 85-90°C        |           | 4-5                  |           |
| Cod filets                    | <b>-</b> • 0        | X            | 85-90°C        |           | 5-6                  |           |
| Salmon, turbot slices         | <b>-</b> • 0        | Х            | 85-90°C        |           | 6-7                  |           |



## Approximate cooking times and temperatures / Legend

| Food to be cooked GN she or GN tr |              | Cooking tips | <b>₽</b> °C Temp | erature   | Minutes Cooking time |           |  |
|-----------------------------------|--------------|--------------|------------------|-----------|----------------------|-----------|--|
|                                   |              |              | I. Phase         | II. Phase | I. Phase             | II. Phase |  |
| Fish dumplings                    | <b>-</b> •   | Х            | 85°              |           | 4                    |           |  |
| Fish soufflé, portion             | <b>-</b> 0   | Х            | 85°              |           | 7                    |           |  |
| Fish terrine                      | <b>○ - ○</b> | Х            | 85°              |           | 25                   |           |  |
| Mussels                           | <b>-</b> O+● | Х            | 95°              |           | 4                    |           |  |
| Hot oysters                       | <b>-</b> 0   | Х            | 95°              |           | 3                    |           |  |
| Lobster                           | <b>-</b> • 0 | Х            | 108°             | 90°       | 2                    | 4         |  |
| Crayfish                          | <b>—</b> •   | Х            | 108°             | 90°       | 2                    | 2         |  |
| Fish stock                        | •            | Х            | 102°             | 90°       | 10                   | 20        |  |
| Fruit / desserts                  |              |              |                  |           |                      |           |  |
| Oranges/peaches, for peeling      | o <b>–</b>   | Х            | 102°             |           | 3                    |           |  |
| Stewed peaches                    | <b>—</b> •   | X            | 102°             | 85°       | 3                    | 3         |  |
| Mirza apples                      | <b>—</b> •   | Х            | 102°             | 85°       | 2                    | 3         |  |
| Stewed apples / pears             | <b>—</b> •   | Х            | 102°             | 85°       | 2                    | 3         |  |
| Spanish chestnuts, for peeling    | o <b>–</b>   | Х            | 108°             |           | 3                    |           |  |
| Spanish chestnuts, cooking        | 0            | Х            | 104°             |           | 4                    |           |  |
| Spanish chestnuts ∗               | 0            | Х            | 102°             |           | 3                    |           |  |
| Food reheating                    |              |              |                  |           |                      |           |  |
| (Regeneration)                    |              |              |                  |           |                      |           |  |
| Meat slices, portion              | <b>-</b> • 0 | Х            | 90°              |           | 2                    |           |  |
| Vegetables, portion               | o <b>–</b>   | Х            | 102°             |           | 2                    |           |  |
| Vegetables, GN tray               | •            | Х            | 104°             | 95°       | 4                    | 2         |  |
| Rice / pasta, portion             | <b>-</b> 0   | Х            | 102°             |           | 2                    |           |  |
| Rice / pasta, GN tray             | • 0          | Х            | 102°             | 95°       | 2                    | 2         |  |
| Sauces, bag                       | 0            | Х            | 102°             |           | 4                    |           |  |
| Sauces, soups, GN tray            | • —          | Х            | 104°             |           | 7                    |           |  |
| Soup in bowls                     | <b>-</b> 0   |              | 104°             | 95°       | 3                    | 2         |  |

### Legend

| 盎       | Frozen Products                       | _  | GN-tray  |  |  |  |  |
|---------|---------------------------------------|----|--|--|--|--|--|
| Σ       | Defrost before preparing              | •  | GN-grid  |  |  |  |  |
| Χ       | see also Instruction manual           | 0  | GN-Containers perforated   |  |  |  |  |
| Ø       | diameter                              | •  | GN-Containers 65 – 100 mm  |  |  |  |  |
| l.+ II. | continued time and temperature phases | СТ | for appliances with core temperature sensor, must be programmed otherwise the program will run by time and temperature |  |  |  |  |
| ±©      | Automatic Quantity Adjustment = AQA   |    |  |  |  |  |  |

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